



LE SCHOENENBOURG
SÉQUOIA SPA

MASSAGE & CARE

Natural and organic care
100% pure and natural vegetable oils



«In a trendy and colorful environment, the Best Western Hôtel & Spa Le Schoenenbourg provides you with a high quality of massage and care services.»

BODY RELAXING MASSAGE

ABHYANGA

Relaxing warm oil massage, boosts immune defense slightly, delays skin aging effect and eliminates toxins

40 min - 76€
60 min - 102€

MODELAGE AROMATHÉRAPIQUE

Aromatherapy massage with essential oils, relaxing treatment from head to toe, anti-stress

40 min - 80€
60 min - 108€

RELAXING MASSAGE

Relaxation massage of the back, neck and head

40 min - 80€

NIRVANA DUO

2-people massage, one after the other, Ayurvedic-oriented essential oils massage

2 x 40mn - 155€

ROSE DE DAMAS

*Aromatherapy massage with 100% pure and natural Damascena rose
Helps fight skin stretches and wrinkles*

50 min - 125€

MODELAGE JASMIN

*Relaxing and soothing massage from head to toe,
Jasmine essential oil acts on stress and on the skin*

60 min - 125€

SHIRCHAMPI

Head and neck massage, helps to fight insomnia, reduces migraines and promotes mind focus

30 min - 65€



HOT STONE TREATMENT

60 min - 108€

Relaxing treatment, relieves muscular tension, brings a relaxation of body and mind

FOOT REFLEXOLOGY

50 min - 90€

Gentle and deep pressure of the reflex zones of the foot arch according to Ayurvedic principles

FOOT & HAND REFLEXOLOGY

80 min - 150€

Gentle and deep pressure of the reflex zones of the foot & hand arches according to Ayurvedic principles

FACIAL CARE

PURIFYING CARE

40 min - 72€

HYDRATING AND NOURISHING TREATMENT

45 min - 90€

AYURVEDIC TREATMENT

50 min - 85€

GLOBAL ANTI-AGING TREATMENT

60 min - 120€

Anti-wrinkles delay the effects of aging

DIAMOND FACIAL CARE

45 min - 95€

Facial care, fights against wrinkles, loss of firmness and pigmentation spots

RED WINE FACIAL CARE

45 min - 95€

Complete care for a smoother, firmer, brighter and fresher skin, Fights against the signs of aging.



BHASMA 24K GOLD FACIAL CARE

60 min - 115€

Exhaustive face, neck and shoulder ayurvedic massage Bhasma gold is famous for penetrating into the deepest skin layer

SPECIAL CARE FOR THE FACE AND EYES

90 min - 175€

Ultra-lift care, regenerating care, manual techniques to restore elasticity, firmness and smooth the skin. Prevents and fades all signs of skin aging

EYEBROWS DEPILATION WITH STRING TECHNIQUE (following a massage)

This technique structures the eyebrow with respect to the facial morphology while practicing a micro-peeling

- Ladies 10€
- Gentlemen 12€
- Lips 8€

BODY CARE

ORGANIC GREEN TEA & CLAY WRAP

50 min - 95€

Firming, fights against free radicals

ORGANIC GRAPE SEED WRAP

50 min - 100€

Rice powder and chickpeas with saffron milk, deeply cleanses the skin

ORGANIC BODY SCRUB

30 min - 79€

Organic Grape Seed Powder is a gentle exfoliator, removes skin impurities and stimulates its regeneration



MINI BEAUTY TREATMENT

2- people massage, one after the other

RED GRAPE BODY WRAP

2 x 90min - 275€

- *Grape marc scrub or grape seed scrub, stimulates cell regeneration*
- *Body modelling with grape seed oil, excellent oil for the lower limbs, reduces the sensation of heavy legs*
- *Wrapping with grape marc, stimulates blood circulation and makes the skin pure, soft and healthy*
- *Application of a polyphenol cream with grape seed oil*

AYURVEDA

- Ayurvedic modelling, beyond its relaxing virtues, offers a lot of benefits that affect the whole body:
- skin
- muscle tissue
- improves blood and lymphatic circulation
- helps eliminate waste
- eases joints and spine
- increases concentration
- gives better body awareness

*Installation, dressing, undressing included in the session.
Any reservation not canceled 24h in advance is due.*



YOGA AND MODELING

Yoga and wellness massage are both excellent for reducing stress. Both practices detoxify and oxygenate the body by increasing blood flow.

A gentle, soothing massage after yoga can be a deeply relaxing experience. Combining the calming, stress-relieving benefits of both practices is also a great remedy for insomnia.

YOGA - BACK MASSAGE

60 min - 108€

The treatment begins with special back yoga, followed by a 30-minute back relaxation massage.

YOGA - RELAXING MASSAGE

90 min - 139€

The treatment begins with gentle yoga and breathing, followed by a 40-minute Ayurvedic massage.

YOGA, MEDITATION AND RELAXING MASSAGE

120 min - 169€

Your moment of relaxation begins with simple yoga movements and breathing, followed by a 60-minute aromatic massage.

By Sumathi, certified yoga therapist